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# Help! My Toddler Came Without Instructions: Practical Tips For Parenting A Happy One, Two And Three Year Old



## Synopsis

Raising children is a serious business, especially in this era of two working parents with jam-packed schedules. A helping hand can make all the difference. Nationally known parenting expert Blythe Lipman is on a mission to help parents, offering hundreds of practical tips with a dash of humor. Go from stressed-out, overwhelmed and exhausted to melt-down free and mellow! The purpose of *Help! My Toddler Came Without Instructions* is to provide parents with quick solutions to help with those hair-raising toddler issues. When some new "toddler troubles" arise, grab the book, find the solution and you'll be back in control of your out-of-control child. Topics include sleeping (ways to transition from crib to bed, naps, creating a friendly sleep environment and nightly rituals and routines), potty training (age discussion, type of potty to use, fears, underwear, charts and issues), and fears (night terrors, stranger anxiety, the dark, monsters and separation anxiety).

## Book Information

Audible Audio Edition

Listening Length: 3 hours and 48 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Viva Editions

Audible.com Release Date: July 26, 2013

Language: English

ASIN: B00E6DWHKS

Best Sellers Rank: #28 in Books > Parenting & Relationships > Babysitting, Day Care & Child Care #315 in Books > Audible Audiobooks > Nonfiction > Reference #611 in Books > Parenting & Relationships > Parenting > Early Childhood

## Customer Reviews

This is a terrific book for moms who are frazzled because their toddler seems to have decided he/she is in control and wants to do everything now, no matter what mom says. Toddler won't go to sleep? You'll find lots of tips to send him off to dreamland here. How about those wonderful social graces they pick up from somewhere, like picking their nose or even worse? Yep, there are several proven ways to train for good behavior here. And have you experienced the joys of potty training yet? You should have this book before you ever start that ordeal -- your life will be a whole lot easier, I promise. Then there is preschool -- trauma for mom and toddler, and a lot worse if you pick the wrong preschool. Having taken care of over a thousand babies and toddlers in preschools in her

career, Blythe knows exactly what you should be looking for, and the hidden danger signs of a preschool that should send you running, not trusting them with your precious little one. These extensive tips alone are worth so much for your peace of mind. I give this simple and easy-to-use book my highest recommendation as a psychologist. Dr. Gary Witt

I find "Help! My Toddler Came Without Instructions" to be the ideal book to give to my niece who has a 19 month old baby girl. Not only is the book easy to read but the vast array of comments, tips, and practical suggestions for raising a toddler make this an awesome book. Blythe, with her depth of experience and background presents to the parent, unique and practical observations such as the fact that toddler ears are shaped differently than those of adults, requiring special care to avoid ear infections. And how about those special recipes for toddlers, "circus pudding" for example. It just goes on and on packed with practical fascination from cover to cover.

I bought this book because I met Blythe recently, and I wanted to see a sample of her work. My son was born in 1978, so my toddler parenting days are long past. My only question is: WHERE WAS THIS BOOK IN 1980 WHEN I NEEDED IT? As a technology professional, my work largely consists of interacting with large databases. This book is a large database put to prose. Each of its nuggets, tidbits and asides should be put in a database and indexed. Then tech-savvy parents could search for the nugget that best applies to a given situation and save precious seconds. With a toddler, seconds count! I am amazed to remember I got through the toddler years without such a valuable resource, yet no blood was ever shed! Blythe's book would have been very helpful. If you have a toddler or a grand-toddler, or you may some day come into contact with a dreaded toddler, you need this book! It is that good. End of story.

The 411 by Maria: It is true there is no instructions with those little people running around your house but at least there is this book. Blythe Lipman has some easy and tried and true suggestions for first time parents of interesting, entertaining and sometimes stressful toddler stage. This is like having an experienced best friend, parent, counselor in your back pocket at all times. As parents we don't always have the answer and when we are knee deep in the toddler years, sometimes seeing things clearly don't come naturally. It is when we have moved past it that we can see more clearly. There are suggestions on breaking the Beloved Binky habit, handling behavior problems, separation anxiety (my kids never had it but I did), preparing the toddler to suddenly have to share you with the birth of a sibling and more. My favorite part of the book was how Blythe reminds us to keep the

magic alive in our relationship with each other as parents. It is something that can sometimes take a back seat while raising kids but the reminder is much appreciate and she has some simply ideas to help you manage this with things like "good morning hugs" and giving compliments. Easy Peasy, lemon squeezy kinda stuff but as someone who has moved past this stage, things that are equally as important as raising those toddlers.

This is a helpful book full of all sorts of practical tips. The experience she shares through her good sense of humor eases all of the uncertainties that come with the new territory of raising a toddler once youâ™ve gotten used to raising an infant. It makes for a happier child and a happier you!

Blythe Lipman puts it all into perspective. This book addresses many of the reasons why your toddler behaves the way he/she does. With an understanding of toddler behaviors, moms and dads can know how to handle the good, the bad, and, oh yeah, the ugly! Infused with humor and love, parents will find this book a useful resource for those "early wonder years". Having been a single parent when my kids were this age, I wish I had had this resource to help guide me. Please don't hesitate...get this book now!

Practical, helpful tips can make such a difference to the challenge of life with a toddler. Blythe's book is full of great information for parents and caregivers. Her warmth and humor add fun to the book and her stories and words-of-wisdom inspire. Thank you again, Blythe, for a much-needed and much-appreciated book. Hope you are working on the next one...

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